Meadow Lark Country Club Summer Junior Tennis Camps

Camps are available in five different skill levels, to accommodate a wide range of ages and abilities and ensure proper development for players to continue to grow.

- · Camps run weekly, Monday thru Thursday (Hot Shots only Tue. & Thurs.)
- · Classes will have a maximum of six students per instructor.
- · Classes curriculum will consist of proper technique, correct shot selection, conditioning, rules, etiquette and most importantly how to have FUN!!!
- Pre-registration is required for each Camp. Please register at the Racquet Center at (406) 452-2070.
- Our students health is our top priority, we are taking the appropriate steps to ensure everyone remains healthy.

Camp Dates

1) June 14th – 17th
2) June 21st – 24th
3) June 28th - July 1st

4) July 5th & 6th (2 day Week) 5) July 12th - 15th 6) July 19th - 22nd 7) July 26th – 29th 8) August 2nd - 5th 9) August 9th - 12th 10) August 16th - 19th

Camp Fees

Hot Shots Camp (2 days/wk.) All other Camps (4 days/wk.) Members: \$28/week Nor Members: \$84/week Nor

Non-Members: \$36/week Non-Members: \$100/week

Camp Times & Descriptions

Hot Shots: (Ages 5-7)

9:00 - 10:00 am

Tuesday & Thursday

Players are introduced to tennis at the entry level. Class curriculum includes correct grips, proper stroke technique, good footwork, and light conditioning, taught through <u>fun</u> and exciting drills and games; providing an environment for all kids to enjoy as they advance to the next level.

Future Stars: (Ages 8-12)

10:00 - 11:30 am

Monday thru Thursday

Players develop the technical, physical and mental skills towards improving their tennis abilities and life skills. Players are introduced to match play and how to begin to play points while continuing to focus on proper stroke production. This is all created in a fun game-based environment.

Stars: (Ages 9-12)

10:00 - 11:30 am

Monday thru Thursday

This class is for the younger player involved in competitive USTA sanctioned Challenger level tournaments or has experience playing USTA Junior team tennis. Players in this class show a strong interest in improving their tennis abilities and look to further their advanced in tournament play throughout the year.

Jr. Champs: (Placed by Pro)

11:30 - 1:00 pm

Monday thru Thursday

This class is for the player involved in competitive USTA sanctioned tournaments or has match play experience. Players in this class show a strong interest in improving their tennis abilities through consistent practice and tournament play throughout the year.

Champs: *High School Int./Adv.

11:30 - 1:00 pm

Monday thru Thursday

This class is designed for our High Schools players who have playing experience either on a High School team (Varsity) or they have played some tournaments throughout the year. Players are expected to have the ability to sustain a rally, move the ball around, and show good technique. The emphasis is on continued stroke production, proper court positioning, proper shot selection with some light fitness.

