

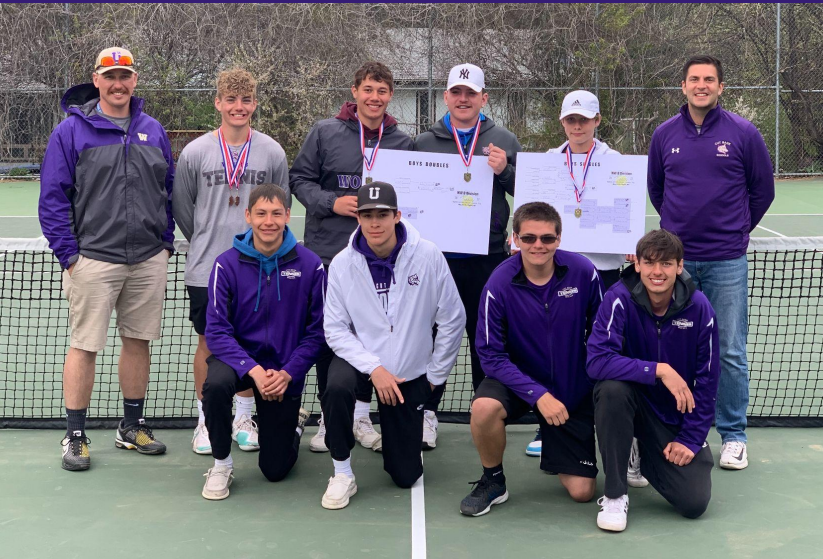
Cut Bank Wolves

TENNIS

- Sign up on boys/girls sheets
 - Complete all information
 - Write legibly

COACHES

- Head Coach - Nate Kavanagh
- Assistant Coach - Dillon Gray
 - Volunteers - Dylan Johnston, Jim Gregg



FOUNDATION

- Skills to play and enjoy a lifelong sport
- Willingness to try, fail, and get better
- Commitment and competitive Spirit
- SPORTSMANSHIP

HOUSEKEEPING



- **Academics**
- **Physicals turned in**
- **Athletic agreement and concussion form signed and turned in**
- **Athletic fee paid prior to first match**
- **10 PRACTICES PRIOR TO FIRST MATCH**

COMMUNICATION

- School email
- Announcements
- Website - www.cutbanktennis.com
- Facebook page for parents
- Group chat

PRACTICE

- **Outdoors whenever we can**
 - **Dress appropriately, keep gloves, hats, extra layers handy**
 - **Equipment, shoes, water**
- **Indoor and outdoor schedule**
 - **Emailed out and posted on website**

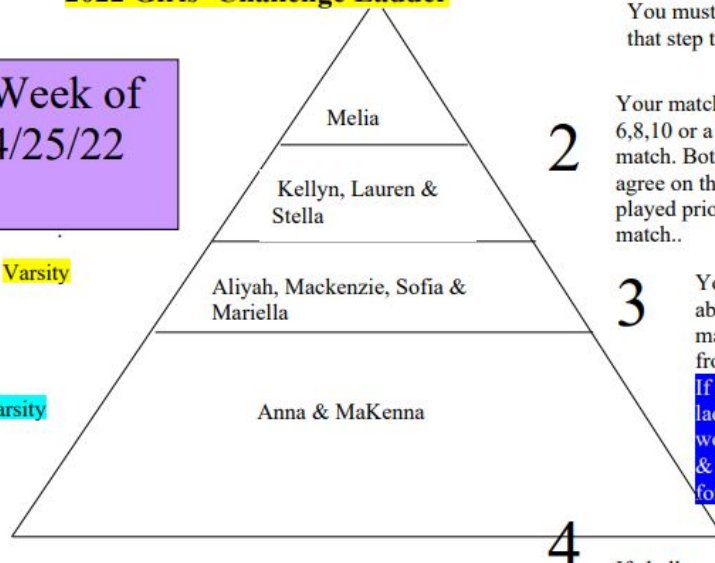
CHALLENGE LADDER

2022 Girls' Challenge Ladder

Week of
4/25/22

Varsity

Jr. Varsity



To move up a step on the ladder
You must challenge someone on
that step to a match and win.

2 Your match can be a proset of
6,8,10 or a best 2 of 3 game
match. Both participants need to
agree on the type of match to be
played prior to the start of the
match..

3 You may only challenge one step
above the step you are on and you
may be challenge by one teammate
from below you during the week.
If there is movement made on the
ladder due to the first match – you
would not play the second match
& inform Coach G of the change
for the following week

CAPTAINS

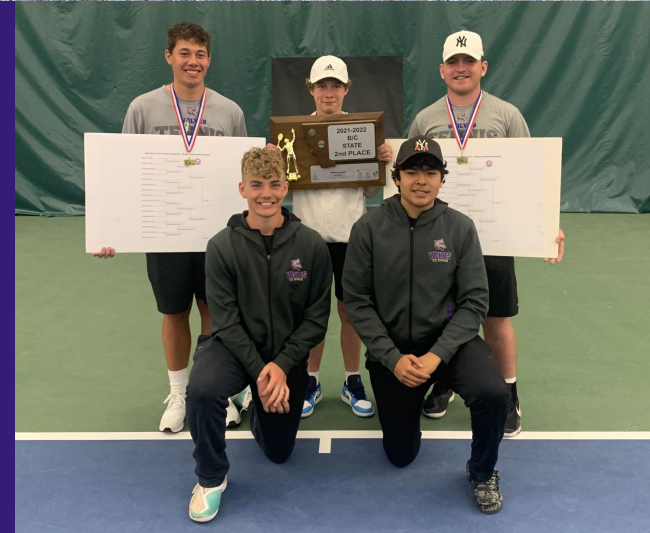
Maybe...maybe not

- Leaders
- Facilitators
- Communicators
- Helpers

GOALS

- 5 individual goals
- 3 team goals
 - SMART Goals
- DUE WEDNESDAY, MARCH 22

Goals will be submitted via Google Form.
Link will be emailed and posted to website.



REMINDERS

1. **Physicals**
2. **Forms**
3. **Fee**
4. **Goals**
5. **Be on the lookout for practice details**

LET'S TAKE A WALK

AND SET UP THE COURTS